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The logo for 'Tennessee Care through Conversation' features a large, stylized red letter 'T' with a red arch above it. To the right of the 'T', the word 'Tennessee' is written in a large, bold, red sans-serif font. Below 'Tennessee', the phrase 'Care through Conversation' is written in a smaller, bold, red sans-serif font.

# Tennessee

## Care through Conversation

### **Care Through Conversation: TCAD Telephone Reassurance Program**

Recognizing that older adults and caregivers are facing many hardships due to COVID-19, the Tennessee Commission on Aging and Disability has established Care through Conversation to help older adults and their caregivers feel a little less isolated and to connect them to needed resources. Through this statewide program, each week, a volunteer will call to check-in, assess needs, and just be a friendly voice. At minimum, volunteers will conduct one call a week, but more frequent calls can be requested. To sign up or to sign up a loved one, call the hotline or visit the website:

<https://www.tn.gov/aging/our-programs/care-through-conversation.html>

Hotline: 615-253-4307